



Takoma Park Recreation Department

7500 Maple Avenue, Takoma Park, MD. 20912

▫ (301) 891-7290 ▫ www.takomaparkmd.gov/recreation ▫



Girls Lacrosse Clinic

*Instruction by
Tessa Mork, Captain
of the Montgomery
Blair High School,
Varsity Lacrosse Team*



*Open to All Girls in
grades 3-6
No experience is
necessary to
participate!*

Lacrosse is an action packed game that is lots of fun! This sport has elements of soccer, football, basketball and hockey. Our non-contact clinic will focus on technical skills such as: passing, receiving and conditioning. Once you try it, you will love it! Lacrosse sticks will be provided during the clinic.



Registration Options:

1. Online Registration: activenet.active.com/takomaparkrecreation
2. Walk-in Registration: Takoma Park Recreation Department (7500 Maple Ave.)

Who: Grades 3 - 6

When: May 18 - June 15, 2011

Time: Wednesdays 3:50 pm - 4:50 pm

Where: Hodges Field (Behind Takoma Park Elementary)

Fees:	T.P. City Residents	\$25
	Non - Residents	\$35

For additional information please contact: Lew McAllister at LewM@takomagov.org